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Humans have abilities that no algorithm can reproduce: the recognition of feelings and intentions, the sense for the meaning of decisions and actions.

My Passion

As far back as I can remember, I have been interested in people. The motives for their decisions as well as the reasons for their behaviour. I wanted to understand why people do one thing and not another. And I wanted to help. I wanted to help them to unfold and become effective according to their potential. Above all, I wanted to help them understand each other and interact better in groups - whether in families, working groups or larger organizations. This is why I became a therapist, this is why I am a consultant.

For more than 30 years I have been working as a psychological consultant and coach of executives exactly where in management the human being and the all too human thing comes into play: When working together and leading employees, when putting teams together, when arguing and trying to communicate and - last but not least - in life or work crises. With all this, my passion awakens: When management tools no longer really help and experiences and

certainties are not the solution, but rather part of the problem. When in the end only what you can't count, measure or weigh counts.

My Foundation

The basis of my work is on the one hand my studies of psychology, philosophy and educational science, on the other hand my practical training as a conversation and family therapist. As a scholarship holder of the Deutsche Studienstiftung (German Academic Foundation), I completed my doctorate at the Goethe University in Frankfurt/Main on communication pragmatic and learning psychological aspects of understanding in teaching processes.

In addition to my work in family therapy, I was a lecturer at the universities in Frankfurt am Main, Heidelberg and Bochum in the 1980s and 90s, focusing on the training of teachers in further education and organizational psychologists. In addition, for many years I acted as a supervisor of school psychologists, management trainers and organizational consultants.

Today my work as a coach of top managers is primarily based on more than 30 years of practice as a therapist, university lecturer, trainer and consultant.